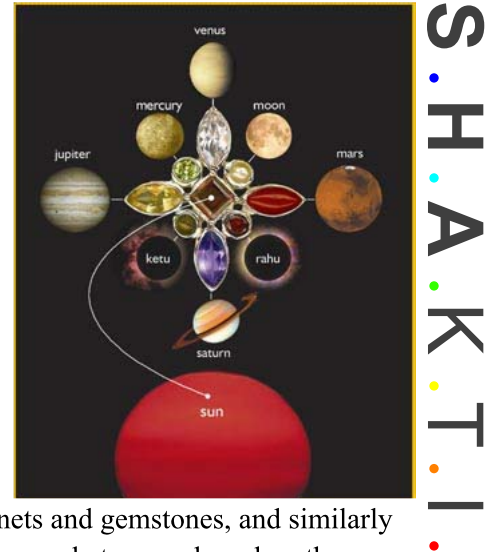


# Handcrafted Ayurvedic Jewelry

## Navaratna Necklaces

**Navaratna translates to mean *Nine Gems*- it refers to an Ayurvedic jewelry design related to the solar system which acts in a medicinal way as the gems touch your skin.**

In the 1500's, the German Mathematician and Astronomer Johannes Kepler explained that each note of our musical scale, and each interval between the notes, is actually based on a mathematical relationship between the orbits of the planets in our solar system. But even earlier, the mathematicians of India, such as Varahamihira, were describing the relationships between the planets and gemstones, and similarly created a system that described which gemstones were healthy or beneficial for people to wear based on the planets and stars.



S  
H  
A  
K  
T  
I

The systems of Astronomy and the Physical Sciences evolved into an integrated system within East Indian philosophy, and the traditions, science, and mythology of India were interwoven to create the concept of the ideal piece of jewelry-called the Navaratna, or Nine Gems.

A Navaratna is a piece of jewelry in the form of a ring or pendant, consisting of a central Ruby, surrounded by Diamond, Emerald, Blue and Yellow Sapphire, Tiger's Eye, Garnet, Red Coral, and Pearl. These stones correspond to each of the heavenly bodies in the Vedic cosmology, and in essence are intended to prevent harm that can come to an individual from any subtle influence of a planetary body's orbit. If you were to stand barefoot on the asphalt in the peak of summer at noon, you would quickly understand how the orbit of a heavenly body could cause you harm! This is the underlying theory of the Navaratna, wherein any harm that could be caused by the cycles of the planets will be averted as surely as wearing shoes will keep your feet from being burned.

Just as the Native American copper jewelry must touch your skin in order to draw out toxins, so also the stones of the Navaratna must touch your skin to be in full effect, which can take 40 days according to tradition. It could be inferred from this tradition that there is some subtle effect derived from each of the chemical structures of the gemstones when they are close to your skin. In this way, the Navaratna and its relationship to the planets may be a similar metaphor to Kepler's Music of the Spheres, but as more of the biochemical tonic of a yet unexplored physical area of ancient medicine.

<b>Ruby -</b>	The Sun - <i>Aluminum Oxide</i> - Contributes to vigor, self-image, public perception, virtue, and the capacity to command.
<b>Pearl -</b>	The Moon - <i>Calcium Carbonate with Helps</i> - Strengthens mental faculties, calms emotions, increases peace of mind.
<b>Red Coral -</b>	Mars - <i>Calcium Carbonate with Cartenoid</i> - Cultivates courage.
<b>Emerald -</b>	Mercury - <i>Beryllium Aluminium Cyclosilicate</i> - Improves memory, communication; good for the eyes & nervous system.
<b>Yellow Sapphire -</b>	Jupiter - <i>Aluminum Oxide with Iron</i> - Enhances financial capabilities, health, and helps one to reach life goals.
<b>Diamond -</b>	Venus - <i>Carbon</i> - Promotes a comfortable life, contributes to social status and recognition.
<b>Blue Sapphire -</b>	Saturn - <i>Aluminum Oxide with Titanium</i> - Weakens the influence of envious people or others with ill intentions, also, restores lost wealth.
<b>Garnet -</b>	The ascending lunar node - <i>Neosilicate (i.e. Mg3Al2Si3O12)</i> - Helps to avert sudden misfortunes, as well as stomach ailments, disaster & antagonistic influences.
<b>Cat's Eye -</b>	The descending lunar node - <i>Chatoyant Chrysoberyl</i> - Helps to reveal hidden problems and diseases, good for business or other situations requiring caution.

shaktigem.com  
Atlanta  
Georgia  
USA  
+1.678.362.2706